## Community and Wellbeing Team (CWT)

(Sport and Physical Activity – Health and Wellbeing)

Members will be well aware of the positive impact that the CWT has had in the Borough throughout the pandemic and as we came out of lockdown.

The CWT offer has always been provided through grant funded posts, generally on temporary contracts of between 12 – 24 months.

Following the loss of a number of key members of staff from the team which in the main is directly attributable to the inability to offer permanent contracts which presents ongoing challenges in providing resilient and consistent service delivery , officers have been looking at its future provision through the service review mechanism, sustainability and service delivery model including discussions on a shared service model.

Initially informal discussions were held with both Harborough District Council and Blaby District Council, however the interest from Harborough waned with their focus being on the strategic partnership with Melton. However on balance it is felt that BDC is a natural partner given its proximity and service offering which is akin to that which we have provided to date.

OWBC needs to take immediate steps to preserve the current level of funding that it receives and officers are unconvinced that the funding can be preserved by merely recruiting a new CWT Manager with the capacity and expertise to write, develop and deliver the strategic commissioning plans required to access funding from Public Health as by the time that the recruitment process is completed the funding windows will have closed.

Officers are now in receipt of a proposal from BDC which will act as the strategic lead for the SPA Commissioning Plan drawing down funding from Public Health as well as developing and delivering a Community Health & Wellbeing Plan (CHWB) for Oadby and Wigston. Details of the proposal are set out at Appendix 1 below along with a proposed structure at Appendix 2. Officers are satisfied that the proposed arrangement will greatly enhance the current SPA and H&W offering by allowing us to draw on a greater range of staff and expertise whilst still retaining the benefit of dedicated officers working within the Borough albeit based at BDC's offices working under the supervision of permanent team leader staff. Of particular interest is proposal to explore opportunities for a fully externally funded Neighbourhood Mental Health Coordinator for the O&W Borough.

Any agreement will be based on Section 113 of the Local government Act 1972 which enables local authorities to share staff to provide a specific service or specialism. Any Section 113 agreement entered into will contain appropriate break clauses and notice periods should either party decide to bring the arrangement to an end

The total cost of providing the service through this proposal with BDC is £97,520.00.

The draft budget for 2023/24 contains a provision of £60,250 for the salary related costs of the Community and Wellbeing Manager's post which it is intended to delete from the establishment subject to member's approval to enter into this arrangement. The salary related costs will then be utilised to part fund the shared service leaving a current shortfall of circa £40k.

Should members determine not to join up with BDC then it is likely that the Sport and Physical Activity – Health and Wellbeing offering will not be offered as the Council does not currently have the resources to complete the necessary funding bids before the bidding windows close.

### Appendix 1

## 1. Introduction

Oadby & Wigston Borough Council (OWBC) are exploring alternative options to deliver their SPA and H&W services. They have approached Blaby District Council (BDC) as a neighbouring authority to deliver these services on their behalf.

#### 2. Service Provision

The overview of service provision below is split into A) Sport & Physical Activity and B) Health & Wellbeing:

**A)** The Sport & Physical Activity (SPA) service provision being offered by BDC is to deliver an O&W SPA Plan through the development and delivery of the SPA Commissioning Plan (funding from Public Health via Active Together). BDC would write, deliver and evaluate a plan acceptable to OWBC and Active Together based on the needs of OWBC residents. Programmes and work areas will include:

- Exercise Referral
- Cardiac Rehab
- Steady Steps (funding dependent)
- Walking
- Running
- Cycling
- Communicating the Physical Activity Narrative (Let's Get Moving campaign)
- Digital Offer through LSA website and Social Media
- Link to SSPAN programmes
- Workforce Development
- Supporting Active Together and Public Health programmes/campaigns locally

BDC will also support the provision for more strategic actions relating to SPA, such as;

- Writing of Commissioning Plans
- Reporting of Commissioning Plans twice a year as requested by Active Together
- Attend meetings linked to SPA (i.e., CSCOPs; Locality Leads; Task & Finish groups; YEA leads;
  Steady Steps co-ordinators; Exercise Referral co-ordinators)
- Write appropriately proportional funding applications for associated programmes
- Internal OWBC reports to an identified OWBC officer at an agreed schedule

**B)** The Health & Wellbeing (H&W) service provision being offered is to work with the Integrated Care System (ICS) to develop and deliver a Community Health & Wellbeing (CHWB) Plan for O&W,

identifying local health priorities and then a clear action plan of how partners can work together to deliver this. The work will include:

- Development of CHWB Plan identifying health priorities in the O&W Borough, across the key life stages
- Line management of a dedicated Health & Wellbeing Officer for work in the O&W Borough (3 days per week - to be recruited by BDC)
- Operational delivery of the priorities identified in CHWB Plan
- Monitor, evaluate and report on the CHWB Plan progress to the ICS and an identified OWBC officer
- Identify and build relationships with key stakeholders & partners to support delivery of the CHWB action plan
- Co-ordinate quarterly strategic / operational updates with the ICS (a local partnership group)
- Line Management of Public Health Apprentice from Leicestershire County Council
- Explore the opportunity for a fully externally funded Neighbourhood Mental Health Coordinator for the O&W Borough (Blaby has been able to secure this additional resource and can explore the same for O&W)
- Line Management of the above post if funding is secured / available for this

# 3. Model of Delivery

The proposed model of delivery to achieve the greatest outcomes would be for OWBC to contract with BDC all SPA and H&W services. BDC will employ additional staff members (as identified above) and deliver a proportionate level of services to the funding received. (This can be done via a 113 agreement).

## 4. Finance

This proposal includes direct staffing costs (with on-costs), managerial costs, support services costs and revenue budget to deliver programmes. An overview is shown below:

- A) The total cost to deliver the SPA service for OWBC is £82,000 this is a combination of SPA Commissioning funding (not including SSPAN contribution), and Steady Steps funding which equates to £53,000 of external funding and a £29,000 contribution from OWBC to BDC.
- B) The total cost to deliver the H&W service for OWBC is £68,520

So, the total cost of this proposal to OWBC for the SPA and H&W services is £97,520

